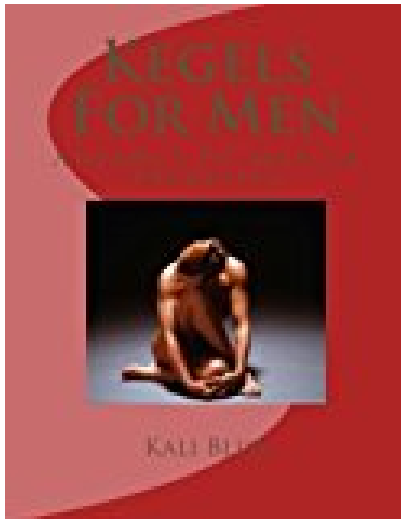


Kegels For Men Advance PC Muscle Exercises



BOOK DETAILS

- Author : Kali Bliss
- Pages : 24 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1479258490

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BOOK SYNOPSIS

This book is on Advance Kegel exercises known by few. Most men know about the Kegel. The Kegel was discovered by Dr. Arnold Kegel in the 1940s for women and now one of the best sexual exercises for men. When done properly, the Kegel can help with erectile dysfunction, stop premature ejaculation, build stealth-like erections and help you last longer in bed. Inside this book is a secret link to a FREE video (Value \$179) on how to do these Advance Kegels for Men. Its more than just flexing your pubococcygeus muscle you will gain a higher level of sexual awareness over sensing faculties that control you ejaculation process. Learn how the Kegel builds a harder penis and longer-lasting erections. Learn how the Kegel improves penile blood flow Learn how the Kegel builds a healthier prostate Learn how the Kegel increases the angle of erection Learn how the Kegel produces stronger orgasms and more intense ejaculations. And so much more.

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