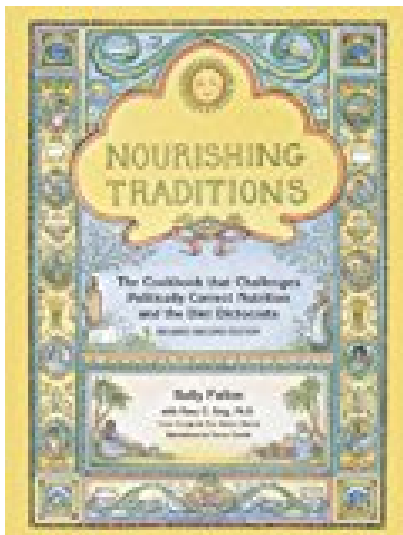


Nourishing Traditions The Cookbook that Challenges Politically Correct Nutrition and Diet Dictocrats



BOOK DETAILS

- Author : Sally Fallon
- Pages : 674 Pages
- Publisher : Newtrends Publishing, Inc.
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BOOK SYNOPSIS

Draws on traditional eating patterns to endorse a diet that contains animal fats and foods preserved in ways that actually increase their nutritional value.

NOURISHING TRADITIONS THE COOKBOOK THAT CHALLENGES POLITICALLY CORRECT NUTRITION AND DIET DICTOCRATS

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