

Thru-Hiking Will Break Your Heart An Adventure on the Pacific Crest Trail



BOOK DETAILS

- Author : Carrot Quinn
- Pages : 370 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1511740558



BOOK SYNOPSIS

Carrot Quinn fears that shes become addicted to the internet. The city makes her feel numb, and shes having trouble connecting with others. In a desperate move she breaks away from everything to walk 2,660 miles from Mexico to Canada on the Pacific Crest Trail. It will be her first long-distance hike. In the desert of Southern California Carrot faces many challenges, both physical and emotional: pain, injury, blisters, aching cold and searing heat, dehydration, exhaustion, loneliness. In the wilderness she happens upon and becomes close with an eclectic group of strangers- people she wouldnt have chanced to meet in the "regular world" but who are brought together, here on the trail, by their one common goal: make it to Canada before the snow flies.

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